



SYMPHONY OF PLACE

A five minute sound story

Your assignment should you choose the challenge:

- Pick a spot where there may be a few sounds around but nothing too loud in your immediate area. (You are going to STRETCH your listening skills)
- Take five minutes of your day to sit in this spot silently with a pencil and paper.



Within 2 meters

Adjacent rooms/ 10 meters

Outside the window/ your whole yard

As far as you can stretch your hearing

What I hear: As you focus your listening within each circle write down what you hear.

Example – I begin my day sitting and looking out my living room window with toast and coffee.

Innermost radius:

- I can hear my breath as I breathe in and out through my nose usually relaxed but occasionally a louder sigh
- My pencil quietly scratching the paper as I write
- The crunch of toast and click of my teeth as I have my breakfast while relaxing and completing this assignment
- I wipe the crumbs off my leg and hear a soft swish of my hand on my leggings.
- The scuff, scuff scuff of my bare feet on the wood floor as I shift my legs
- The “shhh” of the heat pump coming on behind me blowing warm air
- My metal ring clinks on the side of my coffee cup as I pick it up for a drink.
- I can hear a soft slurp as I take a nice warm sip of my morning coffee... ahhh 😊
- I hear a slight clunk as I set my coffee cup back on the coaster on the table in front of me.

What I hear: As you focus your listening within each circle write down what you hear.

- I stretch my listening to the other side of the window that I am sitting beside

Second radius:

- I now focus my listening outside the window
- I can hear the chip of the Downey woodpecker that is at my feeder.
- A light gust of wind and the sudden rustle of the leaves I still haven't raked.. I must get on that!
- Ahh, the angry chatter of my little red squirrel... another one must be getting too close
- Another woodpecker is in the tree thud thud thud thud... tapping away
- I can hear the "cheer" of the cardinal hidden in the trees

What I hear: As you focus your listening within each circle write down what you hear.

- I stretch my listening to the street and the houses around me

Third radius:

- I stretch my listening trying to block out the sounds closest to me and focus on those farther away.
- It can usually be very quiet around here
- I can hear the little boy and girl at the house behind me with a little yell and laugh.. I think they must be playing tag.
- I hear the neighbor bringing something out to the end of the drive.. Probably for the spring cleaning pickup... Another reminder I must do the leaves.
- I hear a motorcycle start up down the street, it gets closer then I see it pass. What a beautiful day it would be to go on a bike.
- It's peaceful

What I hear: As you focus your listening within each circle write down what you hear.

- I stretch my listening as far as I can around me

Third radius:

- There is a main road and a park not too far away, I can hear the occasional car go past, the tires on the pavement.
- A truck sounds different than the cars and this one is going faster. I can hear a slight air whoosh as it travels.
- Beep boop, beep boop , beep boop – the signal at the crosswalk to the park. I realize I actually tune this out most of the time now.
- I used to hear voices from the games on the soccer field and ball park but they are all quiet today.
- A plane, lower than the big ones usually are. This is like a low, loud growl that gets softer as it heads over towards the river. Must be a private plane out for a nice day flight.
- And the quiet is back I am back to my coffee and the shhh of my heat pump.

NOW – Go enjoy your five minutes of exploring the sounds around you! 😊

- Don't forget your pencil and paper.
- Make sure to divide your paper into sections for each circle radius like I did.

To submit:

Either attach your file/picture etc in ClassDojo, or email it to me at Rachel.ChurchillGibson@nbed.nb.ca

- You can take a picture of your paper and email it to me
- You can type it into a story and send it to me
- Create a powerpoint
- Video or record yourself telling me about it 😊