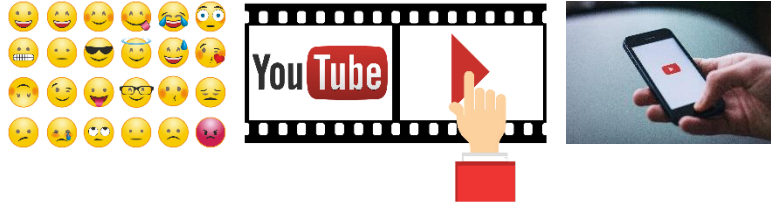


## Middle School Music Activity for April 27 – May 1

Check out the activity below, or choose an activity from a previous week

Send to [Rachel.ChurchillGibson@nbed.nb.ca](mailto:Rachel.ChurchillGibson@nbed.nb.ca) or respond in ClassDojo

### YouTube Playlist



For most people music is an outlet. No matter what mood you're in there's always a song that understands your situation and how you are feeling. In this present time, we all have different moods and emotions that we are dealing with.

- Complete this activity alone or with your family: write down a song you listen to when you're feeling any of the emotions below. Don't worry if you can't think of a song for each category, or if you have more than one for each! Send me whatever comes to mind.
- I will compile your responses to make YouTube playlists and will post them here next week.

<u>Emotion</u>	<u>Song</u>
Happy	
Sad	
Angry	
Relaxed or Tired	
Confused	
Stressed	
Lonely	
Bored	
Heartbroken	
Energized	
Other: _____	